



Ringwood Little Athletics Centre Inc

Track and Field Entry Form for EMR Region & State Championships

To be held on **Sat 20th and Sun 21st Feb 2010** Knox Athletics Track, (Melway ref 73 D6).
Entry is open to all Athletes from U9-U15, provided they have participated in 50% of local competition since registration.

Qualifiers will progress to State Finals to be held at **Olympic Park on March 20th and 21st**
Events are held over 2 days. Timetable will be based on the State Track and Field timetable which is available at <http://www.vlaa.com.au/> then Click on Championships then Championship Events

Duty Requirements

All families will be required to assist with duty requirements at Region and / or State.
Each family will most likely receive 4-5 hours duty. An additional shorter duty will be allocated to families which have entered more than one child.

Cost \$2.50 per event entered (Ringwood covers the balance)

Up to 4 events may be entered. Track and Field Entry options below (tick boxes)

NB: Not all events available to all age groups, see below

70M sat	100M sun	200M sat	400M sun	800M sat	1500M sun	60MH sun	80MH sat	90MH sat	100MH sat	300MH sun	1100M Walk sun	1500M Walk sat
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Note - (1) U9-10, 1500M or 1500M Walk not available. (2) U13-15, 70M not available.

Long Jump	Triple Jump	High Jump	Shot Put	Discus	Javelin
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Note – Field events are on both days - refer Timetable for age group and gender

Age Group		Club (eg H/M)	
Child's Name		Parent's Name	
Email Address		Contact No.	

Iparent / guardian give permission for the above athlete to compete in the above mentioned events and note that I (or a substitute adult) will be available to assist on the days of my children competing.

Please submit entries by Fri 18th Dec, if possible. Entries close January Sat 16th. No late entries accepted. All enquiries to Robert Repalust on 98707807 / 0438522654 or Jo Benifer on 9884 8785 / 0414 620 716

Please submit entries to Rob Repalust with Payment. Withdrawal will result in loss of entry fee. Confirmation of Entries will be emailed late January / early February.